WELCOME TO VALAIS.

THE EASY WAY TO FEEL AT HOME.

HOW TO MAKE VALAIS YOUR NEW HOME WITHIN 100 DAYS.



ENGRAVED ON MY HEART.



Five reasons for living in Valais.

Climate

Some parts of Valais offer over 2,000 hours of sunshine annually even more than Switzerland's southernmost point. The winter season brings snow and picturesque landscapes glistening in the sunlight. Spring in Valais is characterised by blue sky, white mountain peaks and green valleys.

Nature

Valais is majestically framed by forty-six 4,000-metre summits. They are home to impressive glaciers, canyons and mountain lakes. In contrast, the Rhone Valley has become the largest wine-growing region in Switzerland thanks to its limestone soils. Valais is home to a diversity of animals and plant species that cannot be found anywhere else. We owe our biodiversity to the special climate, but also to decades of traditional agriculture. The typical, iconic farm animals of Valais include the Valais Blacknose sheep, the Valais Blackneck goat, the St. Bernard dog and the Hérens cattle.

Geographical situation

Who says Valais is in the middle of nowhere? Actually it's within easy reach of everywhere!



1 hour to Berne

2 hours to Milan

2.5 hours to Geneva

3 hours to the Black Forest

0.5 hours to the ski slopes

2 hours to Zurich

2 hours to Piedmont

3 hours to Alsace

4 hours to the Mediterranean

Life-work balance

We cultivate our friendships – not only, but also in associations or in the community. Family too is important to people in Valais – and not just emotionally. The Canton of Valais leads the way in supporting young families and is one of the cantons with the highest family allowances. Switzerland as a whole is known for its high prosperity, political stability and high security standards. Valais offers even more: no long traffic jams, clean air, a high disposable income and by far the most impressive panorama.

Valais lifestyle

Everything here may be just a bit more leisurely. We enjoy spending time with friends and family, over good food and Valais wine. We take great care to preserve our traditions and promote social cohesion. We are on familiar terms with each other, like to discuss out loud, but above all we laugh together. We are never just the nameless person next door.



Good to know.

valais4you.ch

Practical information and assistance for living and working in Valais.

valais4you community

A Facebook group (valais4you) to support and inspire each other, get answers to open questions and make new friends.

Welcome Desks

Contact points in Visp, Brig-Glis, Naters and Leuk with personal assistance for everyone who has recently moved to Valais.

Language courses

German and dialect courses at academia-wallis.ch. vhso.ch or forum-migration.ch

I ocal media

pomona.ch (online, radio and newspaper) and kanalo.ch (online and television)







Practical information.

Shop opening hours

- Most shops are open until 6.30 pm during the week.
- · On Saturdays and before a public holiday, the shops close at 5.00 pm.
- · On Sundays and public holidays, they remain closed.
- Convenience shops in railway stations have longer opening hours, in Visp for example from 5.00 am to 11.00 pm.
- Most convenience shops at filling stations are open from 6.00 am to 10.00 pm 365 days per year.

Important phone numbers

Medical emergency
Police emergency
Fire emergency

144 117 118



More information valais4you.ch



Your bucket list - Winter 2025/26.

Check out pure nature!		
What	Where	
Admire the Matterhorn	Zermatt	
See the largest glacier in the Alps	Aletsch Arena	
Discover the highest dam in Europe	Grande Dixence	
Experience untouched snow landscapes	Winter hiking in Obergoms or on the Simplon Pass	
Be amazed by the views	Revolving restaurant Allalin in Saas-Fee	
Explore the world of UNESCO heritage	World Nature Forum in Naters	



Get active!		
What	Where	
Visit a thermal spa	Brigerbad, Leukerbad or Breiten	
Highest sledge run in the Alps	Zermatt - Gornergrat	
Cross-country skiing	Obergoms, Grächen or Simplon Pass	
Stroll through a traditional Valais village	Goms or Grimentz	
Experience snowkiting	Simplon Pass	
Snowshoeing	e.g. Belalp or Aletsch Arena	
A winter paradise for skiing	All of Valais	
Visit history in Valais	e.g. The castles of Valère & Tourbillon, Sion	

Experience culture and traditions

What	Where	When
Start of Carnival	Valais	11 Nov 2025
Witches Night	Blatten Belalp	17 Jan 2026
UIAA Ice Climbing World Cup	Saas-Fee	23-24 Jan 2026
FIS World Cup	Crans-Montana	30 Jan -1 Feb 2026
Zermatt Unplugged	Zermatt	7-11 Apr 2026
Swiss Cow fighting	e.g. Goler, Raron or Sion	Spring 2026
Barryland	Martigny	any date
Old military fortress with the museum of the Swiss Guards	Naters	any date

Eat like the locals

What	Where
Delicious AOP products such as Raclette	e.g. Château Villa in Sierre
Haute-cuisine with more than 1000 Gault-Millau points	e.g. in Zermatt
60 grape varieties	e.g. in the wine villages Salgesch or Varen
The Assiette Valaisanne ("Valais Platter") is the gastronomic emblem of Valais	e.g. Lötschenpasshütte, Wiler
Traditional recipes such as Cholera	e.g. Restaurant Tenne, Gluringen
Polenta Festival or Castagnata	Simplon Dorf



Did we miss anything? Give us your feedback.