



## Your bucket list – Summer 2023

### Enjoy pure nature

What	Where
Admire the Matterhorn	Zermatt
Visit the largest glacier in the Alps	Aletsch Arena
Discover the highest dam in Europe	Grande Dixence
Picnic by a mountain lake	Lac de Derborence
Be amazed by the view	Revolving restaurant Allalin in Saas-Fee
Visit Europe's highest vineyard	Visperterminen

### Get active outdoors

What	Where
Try a via ferrata	Leukerbad or Blatten-Belalp
Visit a SAC hut	Anenhütte, Lötschental
Ride spectacular bike trails	Grächen
Stroll through a traditional Valais village	Grimenz or Goms
Swim in a mountain lake	Bettmersee, Aletsch Arena
Dare to go paragliding	Belalp or Aletsch Arena
Hike along ancient bisces	Anzère or Grächen
Get to know regional nature parks	Binntal or Pfyn-Finges

### Experience culture and traditions

What	Where	When
The Ernen Musikdorf Festival	Ernen	4 Jun – 22 Oct 2023
The Pierre Gianadda Foundation	Martigny	any date
International Alphorn Festival	Nendaz	21 – 23 Jul 2023
Brunch at the farm on the National Day	All Valais	1 Aug 2023
Open Air Gampel	Gampel	17 – 20 Aug 2023
Püru-Märt Cultura	Turtmann	30 Sep 2023

### Eat like the locals

What	Where
Delicious AOP products such as Raclette	e.g. Château Villa in Sierre
Haute-cuisine with more than 1000 Gault-Millau points	e.g. in Zermatt
60 grape varieties	e.g. in the wine villages Salgesch or Varen
The Assiette Valaisanne ("Valais Platter")	e.g. Lötschenpasshütte in Wiler
Traditional recipes such as Cholera	e.g. Restaurant Tenne in Glurigen
Polenta Festival or Castagnata	Simplon Dorf



HOW TO MAKE VALAIS  
YOUR NEW HOME WITHIN 100 DAYS.



ENGRAVED ON MY HEART.





## Five reasons for living in Valais.

### Climate

Some parts of Valais offer over 2,000 hours of sunshine annually – even more than Switzerland’s southernmost point. The winter season normally brings a lot of snow. In summer you can feel a breath of Mediterranean climate in the valley, while you can cool off on the mountain. And autumn in Valais is characterised by glorious colours, hunting and above all by the grape harvest.

### Nature

Valais is majestically framed by forty-six 4,000-metre summits. They are home to impressive glaciers, canyons and mountain lakes. In contrast, the Rhone Valley has become the largest wine-growing region in Switzerland thanks to its limestone soils. Valais is home to a diversity of animals and plant species that cannot be found anywhere else. We owe our biodiversity to the special climate, but also to decades of traditional agriculture. The typical, iconic farm animals of Valais include the black-nosed sheep, the black-necked goat, the St. Bernard dog and the Herens cow.

### Geographical situation

Who says Valais is in the middle of nowhere? Actually it’s within easy reach of everywhere!

1 hour to Berne	2 hours to Zurich
2 hours to Milan	2 hours to Piedmont
2.5 hours to Geneva	
3 hours to the Black Forest	3 hours to Alsace
0.5 hours to the ski slopes	4 hours to the Mediterranean

### Life-work balance

We cultivate our friendships – not only, but also in associations or in the community. Family too is important to people in Valais – and not just emotionally. The Canton of Valais leads the way in supporting young families and is one of the cantons with the highest family allowances. Switzerland as a whole is known for its high prosperity, political stability and high security standards. Valais offers even more: no long traffic jams, clean air, a high disposable income and by far the most impressive panorama.

### Valais lifestyle

Everything here may be just a bit more relaxed. We enjoy spending time with friends and family, over good food and Valais wine. We take great care to preserve our traditions and promote social cohesion. We are on familiar terms with each other, like to discuss out loud, but above all we laugh together. We are never just the nameless person next door.

## Good to know.

- **valais4you.ch**  
Practical information and assistance for living and working in Valais.
- **valais4you community**  
A Facebook group (valais4you) to support and inspire each other, get answers to open questions and make new friends.
- **Welcome Desks**  
Contact points in Visp, Brig-Glis, Naters and Leuk with personal assistance for everyone who has recently moved to Valais.
- **Welcome Events**  
Monthly trial courses to discover the Valais leisure clubs and communities. Newcomers are very welcome. Check out valais4you.ch for further information.
- **Language courses**  
German and dialect courses at *academia-wallis.ch*, *vhso.ch* or *klubschule.ch*
- **Local media**  
*new.rro.ch* (online, radio and newspaper) and *kanal9.ch* (online and television)

## Practical information.

### Shop opening hours

- Most shops are open until 6.30 pm during the week. On Saturdays and before a public holiday, the shops close at 5.00 pm. On Sundays and public holidays, they remain closed.
- Convenience shops at the railway stations are open from 5.00 am to 11.00 pm 365 days per year.
- Most convenience shops at filling stations are open from 6.00 am to 10.00 pm 365 days per year.

### Important phone numbers

Medical emergency	144
Police emergency	117
Fire emergency	118



More information  
**valais4you.ch**