## Your bucket list – Summer 2023

### Enjoy pure nature

**What** | **Where**
---|---
Admire the Matterhorn | Zermatt
Visit the largest glacier in the Alps | Aletsch Arena
Discover the highest dam in Europe | Grande Dixence
Picnic by a mountain lake | Lac de Derborence
Be amazed by the view | Revolving restaurant Alphubel in Saa Fee
Visit Europe’s highest vineyard | Visperterminen

### Get active outdoors

**What** | **Where**
---|---
Try a via ferrata | Leukerbad or Blatten-Belalp
Visit a SAC hut | Anenhütte, LOTSCHental
Ride spectacular bike trails | Grächen
Stroll through a traditional Valais village | Grimentz or Goms
Swim in a mountain lake | Bettmersee, Aletsch Arena
Dare to go paragliding | Belalp or Aletsch Arena
Hike along ancient bisses | Anzère or Grächen
Get to know regional nature parks | Binntal or Pfyn-Finges

### Eat like the locals

**What** | **Where**
---|---
Delicious AOP products such as Raclette | e.g. Château Villa in Sierre
Haute-cuisine with more than 1000 Gault-Millau points | e.g. in Zermatt
50 grape varieties | e.g. in the wine villages Sägelbach or Varens
The Assiette Valaisanne (‘Valais Platter’) | e.g. Lotschenpasshütte in Wilen
Traditional recipes such as Cholera | e.g. Restaurant Tenne in Gluringen
Polenta Festival or Castagnata | Simplon Dorf

### Experience culture and traditions

**What** | **Where** | **When**
---|---|---
The Ernen Musikdorf Festival | Ernen | 4 Jun – 22 Oct 2023
The Pierre Gianadda Foundation | Martigny | any date
International Alphorn Festival | Nendaz | 21 - 23 Jul 2023
Branch at the farm on the National Day | All Valais | 1 Aug 2023
Open Air Gampel | Gampel | 17 - 20 Aug 2023
Püru-Märt Cultura | Turmatt | 30 Sep 2023
Five reasons for living in Valais.

Climate
Some parts of Valais offer over 2,000 hours of sunshine annually - even more than Switzerland’s southernmost point. The winter season normally brings a lot of snow. In summer you can feel a breath of Mediterranean climate in the valley, while you can cool off on the mountain. And autumn in Valais is characterised by glorious colours, hunting and above all by the grape harvest.

Nature
Valais is majestically framed by forty-six 4,000-metre summits. They are home to impressive glaciers, canyons and mountain lakes. In contrast, the Rhone Valley has become the largest wine-growing region in Switzerland thanks to its limestone soils. Valais is home to a diversity of animals and plant species that cannot be found anywhere else. We owe our biodiversity to the special climate, but also to decades of traditional agriculture. The typical, iconic farm animals of Valais include the black-nosed sheep, the black-necked goat, the St. Bernard dog and the Herens cow.

Geographical situation
Who says Valais is in the middle of nowhere? Actually it’s within easy reach of everywhere!

Life-work balance
We cultivate our friendships - not only, but also in associations or in the community. Family too is important to people in Valais – and not just emotionally. The Canton of Valais leads the way in supporting young families and is one of the cantons with the highest family allowances. Switzerland as a whole is known for its high prosperity, political stability and high security standards. Valais offers even more: no long traffic jams, clean air, a high disposable income and by far the most impressive panorama.

Valais lifestyle
Everything here may be just a bit more relaxed. We enjoy spending time with friends and family, over good food and Valais wine. We take great care to preserve our traditions and promote social cohesion. We are on familiar terms with each other, like to discuss out loud, but above all we laugh together. We are never just the nameless person next door.

1 hour to Berne
2 hours to Milan
2.5 hours to Geneva
3 hours to the Black Forest
0.5 hours to the ski slopes

2 hours to Zurich
2 hours to Piedmont
3 hours to Alasse
4 hours to the Mediterranean

Good to know.
• valais4you.ch
Practical information and assistance for living and working in Valais.
• valais4you community
Facebook group (valais4you) to support and inspire each other, get answers to open questions and make new friends.
• Welcome Decks
Contact points in Visp, Brig-Glis, Naters and Leuk with personal assistance for everyone who has recently moved to Valais.
• Welcome Events
Monthly trial courses to discover the Valais leisure clubs and communities. Newcomers are very welcome.
Check out valais4you.ch for further information.
• Language courses
German and dialect courses at academia-wallis.ch, vhso.ch or klubschule.ch
• Local media
new.rro.ch (online, radio and newspaper) and kanal9.ch (online and television)

1 hour to Berne
2 hours to Zurich
1 hour to Berne
1 hour to Berne

Practical information.

Shop opening hours
• Most shops are open until 6.30 pm during the week. On Saturdays and before a public holiday, the shops close at 5.00 pm. On Sundays and public holidays, they remain closed.
• Convenience shops at the railway stations are open from 5.00 am to 11.00 pm 365 days per year.
• Most convenience shops at filling stations are open from 6.00 am to 10.00 pm 365 days per year.

More information
valais4you.ch