



## Your bucket list – Winter 2022/23.

### Check out pure nature!

What	Where
Admire the Matterhorn	Zermatt
See the largest glacier in the Alps	Aletsch Arena
Discover the highest dam in Europe	Grande Dixence
Experience untouched snow landscapes	Winter hiking in Obergoms or on the Simplon Pass
Be amazed by the view	Revolving restaurant Allalin in Saas-Fee
Explore a UNESCO World Heritage site	World Nature Forum in Naters

### Get active!

What	Where
Visit a thermal spa	Leukerbad, Brigerbad or Breiten
Highest sledge run in the Alps	Zermatt - Gornergrat
Cross-country skiing	Obergoms, Grächen or Simplon Pass
Stroll through a traditional Valais village	Grimentz or Goms
Experience snowkiting	Simplon Pass
Snowshoeing	e.g. Belalp or Aletsch Arena
A winter paradise for skiing	All of Valais
Visit history in Valais	e.g. The castles of Valère & Tourbillon, Sion

### Experience culture and traditions

What	Where	When
Start of Carnival	Valais	11 Nov 2022
Old military fortress with the museum of the Swiss Guards	Naters	any date
Internationaler Gommerlauf	Goms	25 & 26 Feb 2023
The Pierre Gianadda Foundation	Martigny	any date
Zermatt Unplugged	Zermatt	11 - 15 Apr 2023
Wine in Spring	Salgesch	22 Apr 2023
Cow fights	Goler, Raron	Spring 2023

### Eat like the locals

What	Where
Delicious AOP products such as Raclette	e.g. Château Villa in Sierre
Haute-cuisine with more than 1000 Gault-Millau points	e.g. in Zermatt
60 grape varieties	e.g. in the wine villages Salgesch or Varen
The Assiette Valaisanne ("Valais Platter") is the gastronomic emblem of Valais	e.g. Lötschenpasshütte Wiler
Traditional recipes such as Cholera	e.g. Restaurant Tenne, Glurigen
Polenta Festival or Castagnata	Simplon Dorf

# WELCOME TO VALAIS.

THE EASY WAY TO FEEL AT HOME.

HOW TO MAKE VALAIS  
YOUR NEW HOME WITHIN 100 DAYS



ENGRAVED ON MY HEART.





# Five reasons for living in Valais.

## Climate

Some parts of Valais offers over 2,000 hours of sunshine annually – even more than Switzerland’s southernmost point. The winter season brings snow and picturesque landscapes glistening in the sunlight. Spring in Valais is characterised by blue sky, white mountain peaks and green valleys.

## Nature

Valais is majestically framed by forty-six 4,000-metre summits. They are home to impressive glaciers, canyons and mountain lakes. In contrast, the Rhone Valley has become the largest wine-growing region in Switzerland thanks to its limestone soils. The Valais is home to a diversity of animals and plant species that cannot be found anywhere else. We owe our biodiversity to the special climate, but also to decades of traditional agriculture. The typical, iconic farm animals of the Valais include the black-nosed sheep, the black-necked goat, the St. Bernard dog and the Herens cow.

## Geographical situation

Who says Valais is in the middle of nowhere? Actually it’s within easy reach of everywhere!

1 hour to Bern	2 hours to Zurich
2 hours to Milan	2 hours to Piedmont
2.5 hours to Geneva	
3 hours to the Black Forest	3 hours to Alsace
0.5 hours to the ski slopes	4 hours to the Mediterranean

## Life-work balance

We cultivate our friendships – not only, but also in associations or in the community. Family too is important to people in Valais – and not just emotionally. The Canton of Valais leads the way in supporting young families and is one of the cantons with the highest family allowances. Switzerland as a whole is known for its high prosperity, political stability and high security standards. Valais offers even more: no long traffic jams, clean air, a high disposable income and by far the most impressive panorama.

## Valais lifestyle

Everything here may be just a bit more leisurely. We enjoy spending time with friends and family, over good food and Valais wine. We take great care to preserve our traditions and promote social cohesion. We are on familiar terms with each other, like to discuss out loud, but above all we laugh together. We are never just the nameless person next door.

# Good to know.

- **valais4you.ch:** Practical information and assistance for living and working in Valais.
- **valais4you community:** A Facebook group (valais4you) to support and inspire each other, get answers to open questions and make new friends.
- **Get-together:** Regular meetings for everyone who wants to network and meet new people.  
[www.valais4you.ch/en/get-together](http://www.valais4you.ch/en/get-together)
- **Welcome desks:** Contact points in Visp, Brig-Glis, Naters and Leuk with personal assistance for everyone who has recently moved to Valais.
- **Welcome events:** Monthly trial courses to discover the Valais leisure clubs and communities - especially designed for newcomers. Check out [valais4you.ch](http://valais4you.ch) for further information.
- **Valais Pass:** Exclusive offers and special deals to discover and enjoy Valais.
- **Language courses:** German and dialect courses at [academia-wallis.ch](http://academia-wallis.ch) or [vhso.ch](http://vhso.ch) or [klubschule.ch](http://klubschule.ch)
- **Local media:** [new.rro.ch](http://new.rro.ch) (Walliserbote online and newspaper) or rro (online and radio) or [kanal9.ch](http://kanal9.ch) (online and television)

# Practical information.

## Shop opening hours

- Most shops are open until 6.30 pm during the week. On Saturdays and before a public holiday, the shops close at 5.00 pm. On Sundays and public holidays, they remain closed.
- Convenience shops at the railway stations are open from 5.00 am to 11.00 pm 365 days per year.
- Most convenience shop at filling stations are open from 6.00 am to 10.00 pm 365 days per year.

## Important phone numbers

Medical emergency	144
Police emergency	117
Fire emergency	118



More information  
**valais4you.ch**