Your bucket list – Summer 2022.

Experience culture and traditions

<table>
<thead>
<tr>
<th>What</th>
<th>Where</th>
<th>When</th>
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<tbody>
<tr>
<td>Shepherd festival on Gemmi</td>
<td>Leukerbad</td>
<td>31 July 2022</td>
</tr>
<tr>
<td>The Pierre Gianadda Foundation</td>
<td>Martigny</td>
<td>any date</td>
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<tr>
<td>The Emen Muskolfestival</td>
<td>Emen</td>
<td>12 Jun–11 Sep 2022</td>
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<tr>
<td>Brunch on a farm on the National Day</td>
<td>All Valais</td>
<td>1 Aug 2022</td>
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<tr>
<td>Open Air Gampel</td>
<td>Gampel</td>
<td>18–21 Aug 2022</td>
</tr>
<tr>
<td>Püru-Märt Cultura</td>
<td>Turmenn</td>
<td>24 Sep 2022</td>
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Check out pure nature

<table>
<thead>
<tr>
<th>What</th>
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<tr>
<td>Admire the Matterhorn</td>
<td>Zermatt</td>
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<tr>
<td>Visit the largest glacier in the Alps</td>
<td>Aletsch Arena</td>
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<tr>
<td>Discover the highest dam in Europe</td>
<td>Grande Dixence</td>
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<tr>
<td>Picnic by a mountain lake</td>
<td>Lac de Derborence</td>
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<tr>
<td>Be amazed by the view</td>
<td>Revolving restaurant Allalin in Saas-Fee</td>
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<tr>
<td>Visit Europe’s highest vineyard</td>
<td>Visp-Servières</td>
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Get active outdoors

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<tr>
<th>What</th>
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<tr>
<td>Try a via ferrata</td>
<td>Leukerbad or Blatten-Belalp</td>
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<tr>
<td>Visit a SAC hut</td>
<td>Anenhütte, Lötschental</td>
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<tr>
<td>Ride spectacular bike trails</td>
<td>Grächen</td>
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<tr>
<td>Stroll through a traditional Valais village</td>
<td>Grimentz or Goms</td>
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<tr>
<td>Swim in a mountain lake</td>
<td>Bettmersee, Aletsch Arena</td>
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<tr>
<td>Dare to go paragliding</td>
<td>Belalp or Aletsch Arena</td>
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<tr>
<td>Hike along ancient bisses</td>
<td>Anière or Grächen</td>
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<tr>
<td>Get to know regional nature parks</td>
<td>Bristel or Pfyn-Finges</td>
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Eat like the locals

<table>
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<tr>
<td>Delicious AOP products such as Raclette</td>
<td>e.g. Château Villas in Sierre</td>
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<tr>
<td>Haute-cuisine with more than 1000 Gault-Millau points</td>
<td>e.g. in Zermatt</td>
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<tr>
<td>50 grape varieties</td>
<td>e.g. in the wine villages Salgesch or Varen</td>
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<tr>
<td>The Assiette Valaisanne (&quot;Valais Platter&quot;)</td>
<td>e.g. Lötschenpasshütte Wilen</td>
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<tr>
<td>Traditional recipes such as Cholera</td>
<td>e.g. Restaurant Tenna, Gluringen</td>
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<tr>
<td>Polenta Festival or Castagnata</td>
<td>Simplon Dorf</td>
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Five reasons for living in Valais.

Climate
Some parts of Valais offer over 2,000 hours of sunshine annually - even more than Switzerland’s southernmost point. Our winter comes with guaranteed snow. In summer you can feel a breath of Mediterranean climate in the valley, while you can cool off on the mountain. And autumn in Valais is characterised by glorious colours, hunting and above all by the grape harvest.

Nature
Valais is majestically framed by forty-six 4,000-metre summits. They are home to impressive glaciers, canyons and mountain lakes. In contrast, the Rhone Valley has become the largest wine-growing region in Switzerland thanks to its limestone soils. Valais is home to a diversity of animals and plant species that cannot be found anywhere else. We owe our biodiversity to the special climate, but also to decades of traditional agriculture. The typical, iconic farm animals of Valais include the black-nosed sheep, the black-necked goat, the St. Bernard dog and the Herens cow.

Geographical situation
Who says Valais is in the middle of nowhere? Actually it’s within easy reach of everywhere!

Life-work balance
We cultivate our friendships - not only, but also in associations or in the community. Family too is important to people in Valais - and not just emotionally. The Canton of Valais is the leading canton in supporting young families and is one of the cantons with the highest family allowances. Switzerland as a whole is known for its high prosperity, political stability and high security standards. Valais offers even more: no long traffic jams, clean air, a high disposable income and by far the most impressive panorama.

Valais lifestyle
Everything here may be just a bit more relaxed. We enjoy spending time with friends and family, over good food and Valais wine. We take great care to preserve our traditions and promote social cohesion. We are on familiar terms with each other, like to discuss out loud, but above all we laugh together. We are never just the nameless person next door.

1 hour to Berne
2 hours to Zurich
2 hours to Milan
2.5 hours to Geneva
3.5 hours to the Black Forest
0.5 hours to the ski slopes
4 hours to the Mediterranean

Good to know.
- valais4you.ch: Practical information and assistance for living and working in Valais.
- valais4you community: A Facebook group (valais4you) to support and inspire each other, get answers to open questions and make new friends.
- Get-together: Regular (on- or offline) gatherings for everyone who wants to network and meet new people.
- Welcome Desk: Contact points in Visp, Brig-Glis, Naters and Leuk with personal assistance for everyone who has recently moved to Valais.
- Welcome Events: Monthly trial courses to discover the Valais leisure clubs and communities - especially designed for newcomers. Check out valais4you.ch for further information.
- Valais Pass: Exclusive offers and special deals to discover and enjoy Valais.
- Language courses: German and dialect courses at academia-wallis.ch, vhso.ch or klubschule.ch
- Local media: new.rro.ch (Walliserbote online and e-paper) or rro (radio) or kanal9.ch (online and television)

Practical information.

Shop opening hours
- Most shops are open until 6.30 pm during the week. On Saturdays and before a public holiday, the shops close at 5.00 pm. On Sundays and public holidays, they remain closed.
- Convenience shops at the railway stations are open from 5.00 am to 10.00 pm 365 days per year.
- Most convenience shops at filling stations are open from 6.00 am to 11.00 pm 365 days per year.

Important phone numbers
- Medical emergency 144
- Police emergency 117
- Fire emergency 118

Valais4you.ch