



## Your bucket list – Summer 2022.

Check out pure nature	
What	Where
Admire the Matterhorn	Zermatt
Visit the largest glacier in the Alps	Aletsch Arena
Discover the highest dam in Europe	Grande Dixence
Picnic by a mountain lake	Lac de Derborence
Be amazed by the view	Revolving restaurant Allalin in Saas-Fee
Visit Europe's highest vineyard	Visperterminen

Get active outdoors	
What	Where
Try a via ferrata	Leukerbad or Blatten-Belalp
Visit a SAC hut	Anenhütte, Lötschental
Ride spectacular bike trails	Grächen
Stroll through a traditional Valais village	Grimentz or Goms
Swim in a mountain lake	Bettmersee, Aletsch Arena
Dare to go paragliding	Belalp or Aletsch Arena
Hike along ancient bisces	Anzère or Grächen
Get to know regional nature parks	Binntal or Pfyn-Finges

Experience culture and traditions		
What	Where	When
Shepherd festival on Gemmi	Leukerbad	31 July 2022
The Pierre Gianadda Foundation	Martigny	any date
The Ernen Musikdorf Festival	Ernen	12 Jun–11 Sep 2022
Brunch on a farm on the National Day	All Valais	1 Aug 2022
Open Air Gampel	Gampel	18–21 Aug 2022
Püru-Märt Cultura	Turtmann	24 Sep 2022

Eat like the locals	
What	Where
Delicious AOP products such as Raclette	e.g. Château Villa in Sierre
Haute-cuisine with more than 1000 Gault-Millau points	e.g. in Zermatt
60 grape varieties	e.g. in the wine villages Salgesch or Varen
The Assiette Valaisanne ("Valais Platter")	e.g. Lötschenpasshütte Wiler
Traditional recipes such as Cholera	e.g. Restaurant Tenne, Glurigen
Polenta Festival or Castagnata	Simplon Dorf







## Five reasons for living in Valais.

### Climate

Some parts of Valais offer over 2,000 hours of sunshine annually – even more than Switzerland’s southernmost point. Our winter comes with guaranteed snow. In summer you can feel a breath of Mediterranean climate in the valley, while you can cool off on the mountain. And autumn in Valais is characterised by glorious colours, hunting and above all by the grape harvest.

### Nature

Valais is majestically framed by forty-six 4,000-metre summits. They are home to impressive glaciers, canyons and mountain lakes. In contrast, the Rhone Valley has become the largest wine-growing region in Switzerland thanks to its limestone soils. Valais is home to a diversity of animals and plant species that cannot be found anywhere else. We owe our biodiversity to the special climate, but also to decades of traditional agriculture. The typical, iconic farm animals of Valais include the black-nosed sheep, the black-necked goat, the St. Bernard dog and the Herens cow.

### Geographical situation

Who says Valais is in the middle of nowhere? Actually it’s within easy reach of everywhere!

1 hour to Berne

2 hours to Milan

2.5 hours to Geneva

3 hours to the Black Forest

0.5 hours to the ski slopes

2 hours to Zurich

2 hours to Piedmont

3 hours to Alsace

4 hours to the Mediterranean

### Life-work balance

We cultivate our friendships – not only, but also in associations or in the community. Family too is important to people in Valais – and not just emotionally. The Canton of Valais is the leading canton in supporting young families and is one of the cantons with the highest family allowances. Switzerland as a whole is known for its high prosperity, political stability and high security standards. Valais offers even more: no long traffic jams, clean air, a high disposable income and by far the most impressive panorama.

### Valais lifestyle

Everything here may be just a bit more relaxed. We enjoy spending time with friends and family, over good food and Valais wine. We take great care to preserve our traditions and promote social cohesion. We are on familiar terms with each other, like to discuss out loud, but above all we laugh together. We are never just the nameless person next door.

## Good to know.

- **valais4you.ch:** Practical information and assistance for living and working in Valais.
- **valais4you community:** A Facebook group (valais4you) to support and inspire each other, get answers to open questions and make new friends.
- **Get-together:** Regular (on- or offline) gatherings for everyone who wants to network and meet new people.
- **Welcome Desks:** Contact points in Visp, Brig-Glis, Naters and Leuk with personal assistance for everyone who has recently moved to Valais.
- **Welcome Events:** Monthly trial courses to discover the Valais leisure clubs and communities - especially designed for newcomers. Check out *valais4you.ch* for further information.
- **Valais Pass:** Exclusive offers and special deals to discover and enjoy Valais.
- **Language courses:** German and dialect courses at *academia-wallis.ch*, *vhso.ch* or *klubschule.ch*
- **Local media:** *new.rro.ch* (Walliserbote online and e-paper) or *rro* (radio) or *kanal9.ch* (online and television)

## Practical information.

### Shop opening hours

- Most shops are open until 6.30 pm during the week. On Saturdays and before a public holiday, the shops close at 5.00 pm. On Sundays and public holidays, they remain closed.
- Convenience shops at the railway stations are open from 5.00 am to 11.00 pm 365 days per year.
- Most convenience shops at filling stations are open from 6.00 am to 10.00 pm 365 days per year.

### Important phone numbers

Medical emergency	144
Police emergency	117
Fire emergency	118



More information  
**valais4you.ch**