

VALAIS. THE RHÔNE VALLEY.

TREASURES AT EVERY TURN.


Region Alps
official partner



ENGRAVED ON MY HEART.



Valais – the main valley

United by strong bonds – the River Rhône, the terraced vineyards, a rich heritage – the main valley of Valais is a world apart, a “land within a land”, a region of abundance and contrasts.

To show some of the treasures we have in store for you, we have created this brochure – from an original perspective. We hope it inspires you to come and visit us soon.

Of course, it is no substitute for the detailed information you will receive from local tourist offices, or for a more comprehensive presentation of Valais with its magnificent mountains. This brochure focuses on the attractions of the main valley of Valais: a region that we know will win your heart.

One people, two languages

Valais is fortunate to have two official languages: French and German. Lower and Central Valais are French-speaking, while Upper Valais (east of Sierre) is German-speaking. As you explore, you will find that certain locations have two names, one in each language.

This table includes some of the twin forms you are most likely to encounter:

French	German
Sion	Sitten
Sierre	Siders
Salquenen	Salgesch
La Souste	Susten
Loèche	Leuk
Tourtemagne	Turtmann
Rarogne	Raron
Viège	Visp
Brigue	Brig

In this brochure, the name of each location is given in the local language.





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Nature

Welcoming and accessible, the natural landscapes of Valais are a symphony of colour shaped by the seasons. Here, nature is often wild but always authentic: a deep source of energy and inspiration, promising a sense of boundless freedom.

The Rhône

From its source at the Rhône Glacier to Lake Geneva, the River Rhône traverses the whole of Valais for more than 140 km before flowing into the lake and on towards the Mediterranean Sea. Its lush banks evoke leisurely, refreshing walks with idyllic panoramic views. The only untamed stretch of river is in the Sierre region.



Theme trails and “bisses”

Throughout Valais, visitors find fascinating theme trails as well as scenic footpaths along the “bisses”. These irrigation channels have brought precious water from the glaciers to the fields, vineyards and orchards of this dry, sunny region for more than 700 years. The paths along them are mostly easily accessible and often spectacular.





Parks and nature reserves

The people of Valais are grateful for their exceptional natural heritage.

We work with nature to protect it – and encourage you to explore it, too. Many different locations are well worth a visit, including the Bois-Noir pine forest (between Saint-Maurice and Evionnaz), the gorges of Trient (Vernayaz) and Durnand (Bovernier), the nature reserves of Les Follatères (Fully), Montorge (Sion) and Pouta-Fontana (Grône), the Pfyn-Finges regional nature park (between Sierre and Gampel), the Turtmann waterfalls and the Brig region (Jungfrau-Aletsch), with its UNESCO World Heritage Site.

Lakes and ponds

During the hot Valais summer, visitors can enjoy a refreshing dip in a number of freely accessible lakes: Lake Geneva (Le Bouveret/ Saint-Gingolph), the Étang du Rosel (Martigny), the Domaine des Îles (Sion), and the lakes of La Corne (Grône), La Brèche (Granges) and Gérode (Sierre).



Underground lake

The subterranean lake of St-Léonard lies between 30 and 70 m below the vineyards, a powerful witness of the processes that shaped the Alps. With an impressive length of 300 m, this is the largest natural navigable underground lake in Europe.



For further information on any of these excursions, local tourist offices can provide maps, leaflets, brochures and more specific assistance.



LAC SOUTERRAIN ST-LÉONARD

VALAIS - SUISSE

Discover the largest underground lake in Europe !



Guided boat trips

> daily from mid-March
to early November



Tel : +41 (0)27 203 22 66 | www.lac-souterrain.com



REGIONAL
NATURE PARK



PFYN-FINGES

NATURPARK WALLIS
PARC NATUREL VALAIS

Regional Nature Park Pfyn-Finges

Be amazed!



**Explore the Regional
Nature Park Pfyn-Finges
with all your senses.**

Whether an excursion to the protected area or sampling the quality local produce with one of our partner establishments – be surprised and amazed and enjoy yourself!

**Additional offers,
information and
registration:**

Tel. +41 (0)27 452 60 60
admin@pfyn-finges.ch
www.pfyn-finges.ch

**Our partners and
partner products
can be found at
www.pfyn-finges.ch**



A sense of freedom

The wide-open expanses of the main valley, dramatic mountainsides, pristine natural landscapes: Valais is ideal for exploring under your own steam, on foot or by bike.

From the Rhône Glacier to Lake Geneva, the valley showcases its diversity along a network of spectacular routes. Clearly marked cycle trails thread along the main valley floor; dramatic climbs lead up to the iconic mountain passes and the spectacular dams. The choice is vast.

Vineyard-covered hillsides, majestic summits, lush forests: Valais is a boundless outdoor playground for sports enthusiasts wishing to test their limits. 8,000 km of hiking trails enable visitors to enjoy every corner of these enchanting landscapes. Alpine lakes, welcoming mountain cabins and iconic peaks form a magnificent backdrop that encourages guests to explore ever further, ever higher...

www.valais.ch

Golf

Few golf courses have such magnificent settings as those of the Rhône valley: facing terraced vineyards, at the foot of ancient castles, in a natural park or close to a UNESCO World Heritage Site. All are framed by spectacular mountains, promising a thrill for every enthusiast.

The various courses are all close to one another, and can be combined easily in a few days.

Sion golf course

18 holes – par 70

Rte de Vissigen 150

1950 Sion

+41 (0) 27 203 79 00

www.golfclubSION.ch

Sierre golf course

18 holes – par 72

3977 Granges

+41 (0)27 458 49 58

www.golfsierre.ch

Leuk golf course

18 holes – par 72

3952 Susten

+41 (0)27 473 61 61

www.golfleuk.ch





Thermal spas

The water that gushes from our hot springs is a gift of nature that promotes wellbeing, vitality and serenity. Wherever you may be in the Rhône valley, you will be close to a thermal spa open every day of the year.

Bains de Lavey

3 pools with power jets, waterfalls, flowing currents and water beds. Oriental area with 2 hammams. Nordic pavilion.

Rte des Bains 48
1892 Lavey-les-Bains
+41 (0)24 486 15 55
www.lavey-les-bains.ch

Bains de Saillon

4 pools including a semi-Olympic pool. Thermal river. Sauna/hammam complex. Carpe Diem Spa. Slides, giant water slide and paddling pool (in summer).

Rte du Centre Thermal 16
1913 Saillon
+41 (0)27 602 11 11
www.bainsdesaillon.ch

Bains de Brigerbad

12 pools. Giant alpine slide. Wellness and beauty area. Spa. Grotto. Children's pool.

Thermalbad 1
3900 Brigerbad
+41 (0)27 948 48 48
www.brigerbad.ch



un site du Groupe EuroQuintess

L'eau, la vie, Lavey

The warmest thermal water
in Switzerland



LES BAINS
DE LAVEY ⁺

www.bains-lavey.ch



THE LARGEST THERMAL OUTDOOR POOL IN THE ALPS

Just 10 minutes from Brig and Visp you'll find the largest outdoor thermal pools in Switzerland, with Europe's first indoor grotto pool (42°), the longest alpine waterslide (182m), a fantastic stream bath and a large SPA & Wellness offer.

Brigerbad (Wallis)
027 948 48 48
thermalquellen@brigerbad.ch



BRIGERBAD

www.brigerbad.ch

Amusement parks

Léman Forest

Rope park through treetops. Outdoor laser game. "Kids' forest". Adventures in nature.

Chemin du Crêt
74500 Saint-Gingolph
(France)
+33 (0)4 50 76 74 74
www.leman-forest.com

Swiss Vapeur Parc

Miniature railway (scale 1/4) offering passenger rides. Replicas of historical Swiss buildings.

Rte de la Plage
1897 Le Bouveret
+41 (0)24 481 44 10
www.swissvapeur.ch

Western City

5 adventure areas on a "Gold Rush" theme. Beside the water.

1920 Martigny
+41 (0)27 764 16 52
www.western-city.ch

Aquaparc

Water park for all the family. Open all year. More than 1 km of giant slides. Swimming pool with waves. Sandy beach on Lake Geneva.

Rte de la Plage 122
1897 Le Bouveret
+41 (0)24 482 00 00
www.aquaparc.ch

Labyrinthe Adventure

Natural maze created with 18,000 thuja shrubs. Giant slides. Games for children.

Rte des Iles Vieilles 30
1902 Evionnaz
+41 (0)27 767 30 90
www.labyrinthe.ch

Parc Aventure

Adventure rope park with 11 itineraries through the trees. 176 features. 40 zip wires. From age 4.

Domaine des Îles
1950 Sion
+41 (0)27 345 05 05
www.parc-aventure.ch

Happyland

Outdoor park of 25,000 sq. m. Variety of attractions for all the family. Restaurant with large terrace. Picnic area.

Rue du Foulon 24
3977 Granges
+41 (0)27 458 34 25
www.happyland.ch



Fun Planet

5,000 sq. m of indoor action. Paintball. Bowling. Variety of fun games.

Kantonsstr. 408
3900 Gamsen
+41 (0)27 923 22 11



The main valley offers visitors a wide range of activities from bowling, go-karting, canyoning and rafting to paintball and bungee jumping, along with facilities from riding stables to kick-scooter hire and golf simulators. Find full information at your nearest tourist office.



An enticing taste of Valais

Thanks to its exceptionally sunny climate, Valais is ideally suited for the cultivation of a wide variety of produce. Wines with subtle aromas, fruit with intense flavours, rare spices: Valais is a garden of delights to thrill every palate.

The produce of Valais promises a taste of authenticity and quality – as guaranteed by the AOP (Appellation d'Origine Protégée) label. Rye bread baked to a traditional recipe, precious saffron worth its weight in gold, the hearty Raclette melted cheese: the cuisine of Valais transforms the gifts of nature into works of art.

As you taste the superb wines produced from local grapes, you will appreciate the hospitality and conviviality so cherished in Valais.

Unmistakable flavours, a unique experience: like Valais itself.



MORAND

— 1889 —

DISTILLATEUR - MARTIGNY



Noble fruits brandies and liqueurs from Valais
www.morand.ch

Shop - Place de Plaisance - 1920 Martigny

Why Compromise ?



KASPERSKIAN *Caviar with Life*

pure • natural • Swiss quality • unique taste • sustainable

Come to visit us and get a chance to great our sturgeons! Suzy, Chantal and their sisters are proud to let you taste the finest pearls of their production. Thank to our unique technique, our sturgeons stay alive!

KASPERSKIAN AG, Industriestrasse 120, 3952 Susten
Visit on request

www.kasperskian.com – info@kasperskian.com – Tel: +41 (0)27 452 42 42





Wine

Valais has more than 5,000 hectares of vineyards: the largest winegrowing area in Switzerland.

More than 60 different grape varieties, including some native gems, are cultivated between altitudes of 450 and 800 m. The dryness of the Valais microclimate and the fertility of the calcareous, stony soil are among the reasons for the region's striking propensity to produce world-class wines.

Each of our wines takes us on a journey; each has a wonderful story to tell. Their flavour shows these are wines made with passion.

Petite Arvine, Johannisberg, Heida, Fendant, Cornalin, Humagne Rouge, Syrah, Amigne, Marsanne: our wines have character, style and depth. Every tasting is an invitation to dream, enjoy – and celebrate.

www.lesvinsduvalais.ch



Marche des Cépages

Rainer-Maria Rilke

Sierre-Salgesch
Salgesch-Sierre



IN
VINO
VERITAS

Early september, the “wine, folklore and walks” event!
On the wine trail, a guided walk plus wine-tasting,
music and a meal.

Ville de Sierre
Veyras
Salgesch
Miège

www.marchedescepages.ch



vinea

The App

Downloaded 17,000+ times, the VINEA Swiss Wine app provides information on more than 500 of the best Swiss wine producers and Grand Prix du Vin Suisse winners.

Available free in French, German and English, from the App Store and on Google Play.

More informations on www.vinea.ch



vinea

The Face

The brochure "The Face of Swiss Wine" highlights the work of 60 men and women, proudly yet sensitively showcasing their wines.

It is available free of charge from:
VINEA Association
rue Beausite 4, 3960 Sierre
or by email from info@vinea.ch



Drink responsibly

Switzerland. Naturally.



SWISS WINE

FLAVOURS

Vineyard trail

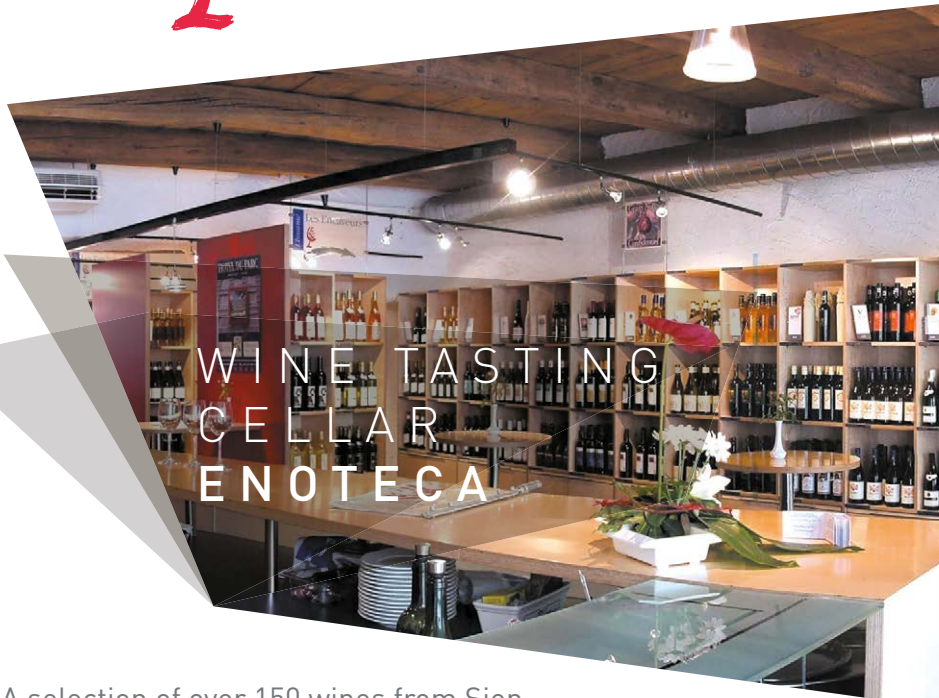
“Le chemin du vignoble” leads from Martigny to Leuk through a delightful landscape of terraced vineyards, with plenty of opportunity to explore the villages, cellars and wines along the way.

Choose between three clearly marked options: footpath (66 km), cycle trail (83 km) and road (55 km).



cheminduvinoble.ch





WINE TASTING
 CELLAR
 ENOTECA

- A selection of over 150 wines from Sion
- Purchase your wine at cellar prices
- Sample five new glasses of wine from different winemakers every week
- Cheese platter, sausage, tapenade, steak tartare, salmon tartare, oysters

Le Verre à Pied

Av. du Grand Pont 29
 1950 Sion
 Tel. +41 27 321 13 80

Monday to Saturday:	10.30 am - 1 pm
	4.30 pm - 8.30 pm
Sundays and public holidays:	10.30 am - 2.00 pm
	4 pm - 8 pm



Tranquillity and inspiration

Walks in sunny vineyards, visits to historical sites, adventures in nature... Valais offers countless possibilities for making a refreshing escape and finding new energy.

Proud of its fine heritage, Valais has many stories to tell. Ruins, castles and museums all bear witness to a rich history. Visitors can explore this exceptional legacy as they follow paths along the ancient “bisse” irrigation channels, the pilgrimage routes or cultural itineraries such as the Via Francigena, Via Cook and Via Stockalper.

The natural heritage of Valais includes the alpine thermal springs, renowned for their beneficial effects. The soothing waters promise moments of inspiring tranquillity.

Pure relaxation: the gift of Valais!

Culture

Valais offers a surprising wealth and variety of top-quality cultural attractions.

Highlights include the treasury of the Abbey of Saint-Maurice, unmatched worldwide; the internationally renowned museums and art exhibitions of the Fondation Pierre Gianadda; and Barryland, devoted to the region's iconic St-Bernard dogs. A spirit of creative

innovation also characterises the high-quality theatres of Valais, such as the Théâtre du Crochetan in Monthey, the Théâtre du Martolet in Saint-Maurice, Le Baladin in Savièse, the Théâtre de Valère in Sion, the Salle Recto-Verso in Grône, the TLH – Sierre, La Poste in Visp and the Passage Simplon and Keller-theater in Brig.

Music lovers are also spoilt for choice. Venues for contemporary music (Pont Rouge in Monthey and Le Port Franc in Sion), classical music concerts and open-air music festivals promise superb performances to suit all tastes.

There's no doubt about it: the arts scene is exceptionally vibrant in Valais!



Un festival — Monthey —

a life dedicated

Théâtre du Crochetan
Pont Rouge
Médiathèque
Galerie du Crochetan
Château
Grange à Vanay
Malévoz Quartier Culturel
La Bavette
Le Kremlin
Parc de la Torma
Fabrik H2
Le Mésoscaphe
Hik et Nunk Festival

www.culturemonthey.ch


monthey

Design graphique : Photo La Photographie - Fabrice Erba

to culture
Accessible

Creative Festive



Hôtellerie franciscaine

recommended by Switzerland Tourism
Inspiring
Meeting
Hotel



- Dining room - table d'hôtes - seating up to 150 people
- 1 large meeting room - 100 places
- 3 meeting rooms - 50 places
- 4 meeting rooms - 12 places
- A garden and outdoor terrace
- 39 free parking places
- 56 rooms with WC, shower and washbasin
- 85 beds

FROM CHF
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per person and
per night
taxes
excluded

A friendly and first-class welcome at budget price !

Rue Antoine-de-Quartéry 1 • 1890 St-Maurice, Valais, Suisse

Phone : +41 24 486 11 11 • Fax : +41 24 486 11 69

E-mail : hotellerie-franciscaine@vtx.ch

www.hotellerie-franciscaine.ch



Luxury Living

Organise your private and professional events in the sumptuous and tranquil setting of the Château Mercier castle in Sierre

Aperitifs

Civil marriage ceremonies and/or wedding receptions

Cocktail dinners – family celebrations

Seminars

Accommodation in the castle with bookings of 10 rooms per night or more (23 rooms/44 people)

Meals from 15 to 80 people prepared by the castle's own chef



CASE POSTALE 403 - 3960 SIERRE / SUISSE – T 027 451 22 22 F 027 451 22 19
 ADMINISTRATION : T 027 452 23 23 F 027 452 23 33 – FONDATION@CHATEAUMERCIER.CH
 WWW.CHATEAUMERCIER.CH

Events

From festivals to “Combats des reines” (fights between Herens cows), from sporting contests to wine tastings: countless high-quality events take place in the main valley of Valais throughout the year.

Each tourist office has a detailed calendar of local events. You will also find information for the whole Valais at www.valais.ch/events.





Offers

LE BOUVERET/SAINT-GINGOLPH

25% off

Swiss Vapeur Parc

Ride scale models of trains through this charming leafy park, with its replicas of buildings and features in typical Swiss style.

MONTHEY

CHF 25.-

On the trail of the erratic blocks

This information trail tells the intriguing story of these giant boulders of granite, vestiges of the Rhône Glacier – with the option of ordering a picnic hamper to enjoy en route.

SAINT-MAURICE

From CHF 237.-

Tour des Dents-du-Midi

This hike, open to all over 2, 3 or 4 days between June and October, leads through a spectacular landscape of lakes, glaciers and waterfalls.

MARTIGNY

CHF 75.-

“Le Baladeur” trip

A choice of different outings on the little tourist train “Le Baladeur”: a family brunch at a farm with music, a salsa evening among friends with Valais-style tapas, or personalised excursions on request.

SAILLON

CHF 40.-

“Les Domaines de la Sarvaz” by Henri Thurre

This publication tells the story of Les Domaines de la Sarvaz, which played a pioneering role in the modernisation of agriculture in Valais from 1925 to 1962.

SION

CHF 89.-

“La Balade des Divins”

An inspired combination of a stroll around the monuments of Sion's Old Town with local gastronomy and tastings of ten different wines.

SIERRE

CHF 49.-

Vinum Montis wine tourism club

Membership confers a wide variety of wine-related benefits including discounts on direct wine purchases, admission to winemaking events in the Sierre region, tastings and cultural visits.

LEUK

10% off

Local produce and craft items

Enjoy a discount of 10% (for purchases of CHF 30.- or more) on products presented at the INFO SOSTA centre by Leuk station, including alpine cheeses, home-cured meat, larch vinegar and craft items.

VISP

CHF 3.-

Audio guide

Explore the Old Town of Visp with an audio guide.

BRIG

-50%

Stockalper Palace

Join a guided visit of the Stockalper Palace at half price.



Information & reservations at the tourist office and/or the relevant partner.



The stopover of all flavours

Between lake and mountains, in a relaxing vacation atmosphere, let yourself be tempted by a thousand and one authentic savours, to discover at the rhythm of the seasons.

Restaurants in Bouveret

Open all year

Taverne de la Tour

+41 (0)24 481 37 28

La Batelière

+41 (0)24 481 23 71

La Lagune

+41 (0)24 482 42 82

Pizzeria le Colibri

+41 (0)24 481 90 51

Le Léman

+41 (0)24 481 21 23

Le Phare

+41 (0)24 481 11 30

La Libellule

+41 (0)79 332 42 24

Le Terminus

+41 (0)24 481 21 63

Café des Amis

+41 (0)24 481 22 20

Camping des Belles Truches

+41 (0)24 481 44 14

Open from March to October

Chalet Pizzas-Pastas

+41 (0)79 332 42 24

Chalet Thai

+41 (0)76 305 26 54

Chalet du Terroir

+41 (0)79 659 50 87

Chalet La Cazot

+41 (0)79 721 40 83

La Terrasse du Port

+41 (0)79 424 79 20

Restaurants in Evouettes *(open all year)*

Le GT

+41 (0)24 481 25 21

Le Grammont

+41 (0)24 565 01 84

Restaurants members of the Development Corporation of Port-Valais





Le Bouveret/ Saint-Gingolph

Lower Valais

Located on the shores of Lake Geneva, at the foot of Le Grammont and by the Swiss-French border, the resorts of Le Bouveret and Saint-Gingolph are ideal for all kinds of sports and leisure activities.

Bouveret-Les Evouettes
Tourist Office
Rte du Tonkin 2
1897 Le Bouveret

+41 (0)24 481 51 21
info@bouveret.ch
www.bouveret.ch

Saint-Gingolph
Tourist Office
1898 Saint-Gingolph

+41 (0)24 481 84 31
contact@st-gingolph.com
www.st-gingolph.com

REGION

Le Bouveret/ Saint- Gingolph



guided tours



1 / Aquaparc

Water park for all the family. Open all year. More than 1 km of giant slides. Swimming pool with waves. Sandy beach on Lake Geneva.

Rte de la Plage 122
Le Bouveret
+41 (0)24 482 00 00
www.aquaparc.ch



2 / Swiss Vapeur Parc

Miniature railway (scale 1/4) offering passenger rides. Replicas of historic Swiss buildings.

Rte de la Plage
Le Bouveret
+41 (0)24 481 44 10
www.swissvapeur.ch



3 / Museum of traditions and boats of Lake Geneva

16th-century castle.
Story of navigation
on Lake Geneva.

Place du Château
Saint-Gingolph (Suisse)
+41 (0)24 481 82 11
www.museedestraditions.com



4 / Léman Forest

Rope park through
treetops. Outdoor laser
game. "Kids' forest".
Adventures in nature.

Chemin du Crêt
Saint-Gingolph (France)
+33 (0)4 50 76 74 74
www.leman-forest.com



5 / The Mosimann Collection

Tribute to the chef Anton
Mosimann: the man, his
innovations and his love
of art and gastronomy.
César Ritz Colleges.

César Ritz Colleges
Le Bouveret
+41 (0)24 482 82 82
www.mosimanncollection.ch

◀ Saint-Gingolph
France



SWITZERLAND

◀ Evian

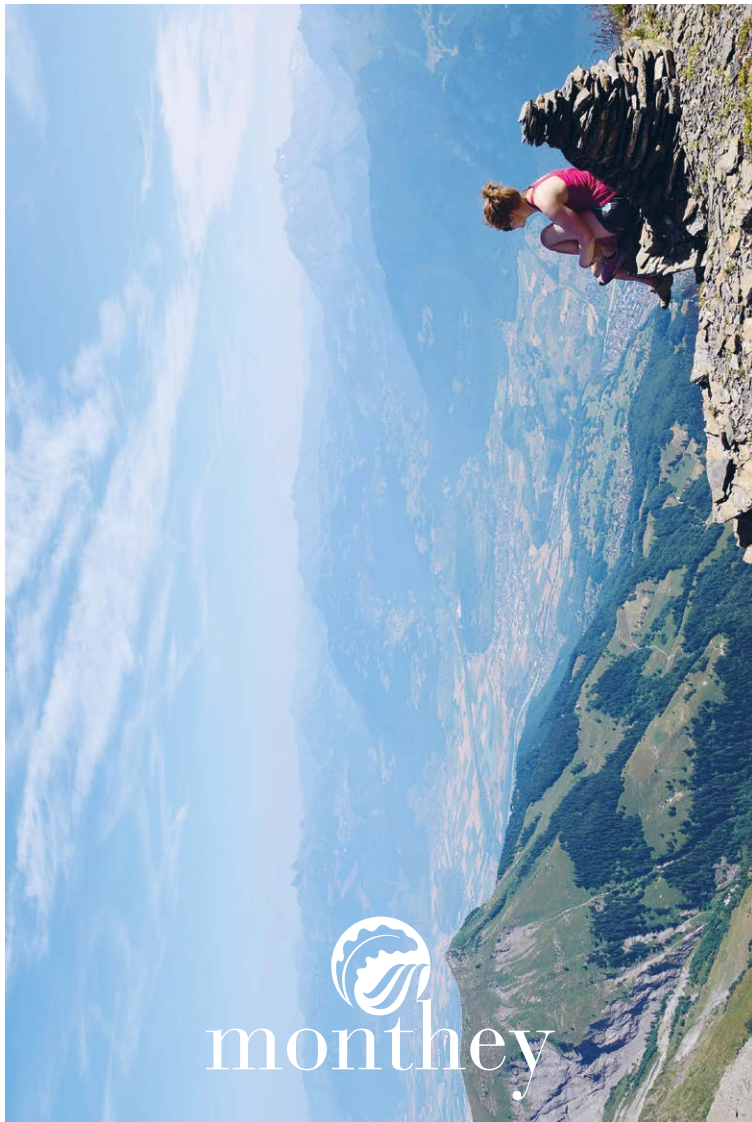


Hiking

More than 60 km of

Monthey – Choëx – Les Giettes

to the mountain




monthey

Design: gromix | Photo: Monthey Tourisme

www.montheytourisme.ch/randonnees



Monthey

Lower Valais

Midway between Lake Geneva and the Valais Alps, Monthey enjoys a particularly rich cultural and sporting life.

Monthey Tourist Office
Place Centrale 3
1870 Monthey

tourisme@monthey.ch
+41 (0)24 475 79 63
www.montheytourisme.ch

REGION
Monthey



1 / Crochetan

Dynamic cultural centre. More than 50 productions a year from performances of the classics to innovative new shows. Plus art gallery and magnificent park.

Av. du Théâtre 9
Monthey
+41 (0)24 471 79 09
www.crochetan.ch



2 / Pont Rouge

One of the largest venues for contemporary music in Valais. Leading performers from every genre.

Av. de la Plantaud 122
Monthey
+41 (0)24 475 79 28
www.pontrouge.ch



3 / Verney sports centre

Multifunctional venue. Ice skating, tennis, skateboarding, beach volleyball, athletics, football, baseball and basketball.

Rte du Verney
Monthey



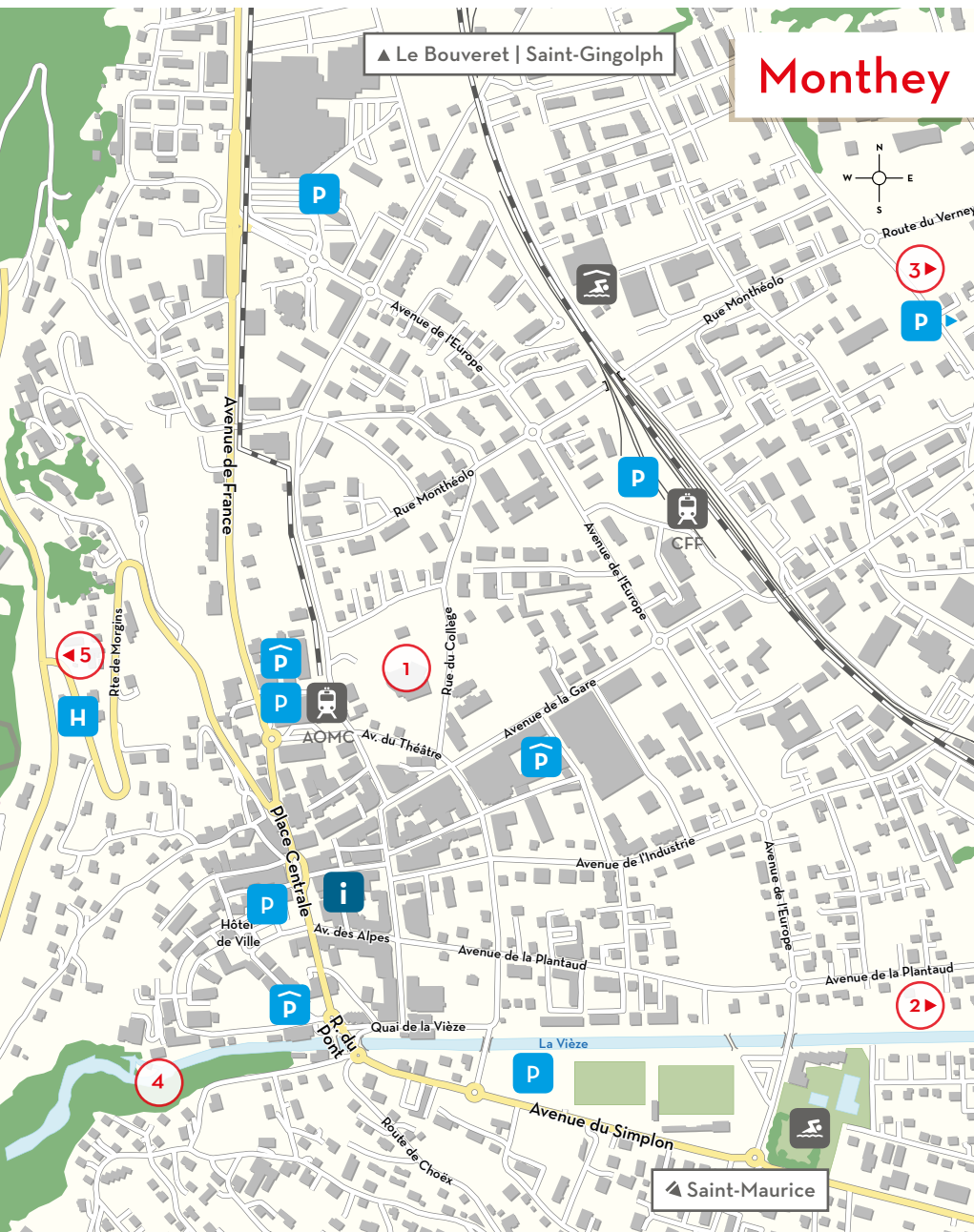
4 / Path and footbridge in the La Vièze gorge

Trail exploring the history and nature of the La Vièze gorge. Vertiginous suspension footbridge 90 m long. Link between Monthey and Troistorrents.



5 / Erratic blocks

Theme trail between Monthey and Collombey. Giant boulders deposited by the Rhône Glacier as it retreated more than 15,000 years ago.



**The greatest Kings
have visited it.
And what about
you ?**

**The unique
Treasure**

**The extraordinary
archeological
Site**



**The
cloister**





Saint-Maurice

Lower Valais

Situated at the foot of dramatic cliffs, between the shores of Lake Geneva and the Alpine summits, Saint-Maurice is a town full of charm, art and history.

Saint-Maurice
Tourist Office
Av. des Terreaux 1
1890 Saint-Maurice

info@saint-maurice.ch
+41 (0)24 485 40 40
www.saint-maurice.ch

REGION

Saint-Maurice



guided tours



1 / Abbey of Saint-Maurice

Abbey founded in 515 AD. 1,500 years of uninterrupted monastic life. Archaeological site. Priceless treasury.

Av. d'Agaune 19
Saint-Maurice
+41 (0)24 485 15 34
www.abbaye-stmaurice.ch



2 / Grotte aux fées

"Fairies' cave" with 0.5 km theme trail. Thousands of years of history. Small underground lake and waterfall. Opened to the public in 1864.

Rte du Chablais 1
Saint-Maurice
+41 (0)24 485 10 45
www.grotteauxfees.ch



3 / Château de Saint-Maurice

Exhibition space devoted to comic books and graphic novels. Castle with a rich history, built to guard the entrance to the Rhône valley.

Rte du Chablais 1
Saint-Maurice
+41 (0)24 485 24 58
www.chateau-stmaurice.ch



4 / Historical forts

The hidden face of military fortifications once classified "top secret".

www.forteresse-st-maurice.ch



5 / Bains de Lavey

Thermal spa: 3 pools with power jets, waterfalls, flowing currents and water beds. Oriental area with 2 hammams. Nordic pavilion.

Rte des Bains 48
Lavey-les-Bains
+41 (0)24 486 15 55
www.lavey-les-bains.ch

Saint-Maurice





GUIDED VISIT AND TASTING AT THE MORAND DISTILLERY



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INFORMATION & DATES / **RESERVATION REQUIRED**



www.martigny.com
+41 27 720 49 49



[martignytourisme](https://www.facebook.com/martignytourisme)



MARTIGNY 
ART CITY



Martigny

Lower Valais

Martigny is a strategically located town of art, known for its Roman remains, medieval Bâtiaz tower, two museums unrivalled in Switzerland and an impressive collection of sculptures.

Martigny Tourist Office
Av. de la Gare 6
1920 Martigny

info@martigny.com
+41 (0)27 720 49 49
www.martigny.com

REGION Martigny



1 / Fondation Pierre Gianadda

Major art museum with prestigious exhibitions. Gardens with 35 sculptures. Automobile museum and Gallo-Roman museum. Concert season. A leading arts venue since 1978.

Rue du Forum 18
Martigny
+41 (0)27 722 39 78
www.gianadda.ch



2 / Barryland

St-Bernard dogs. Permanent exhibition on the history of the Great St-Bernard Pass and hospice. Souvenir shop. Restaurant with attractive terrace.

Rue du Levant
Martigny
+41 (0)27 720 49 20
www.fondation-barry.ch



3 / From the Romans to today

Guided visit with a Roman. Once a week. Exploring Martigny through the ages. Tasting of wine of the Romans.



4 / Château de la Bâtiaz

Medieval castle. Tavern restaurant. Torture chamber. 3D film. Superb view over the town from the top of the keep. Open May to October.

+41 (0)27 721 22 70
www.batiaz.ch



5 / Manoir de la Ville

18th-century manor house.
Contemporary art space.
Mix of visual arts, literature,
music and philosophy. In the
attic, the Guex-Joris collec-
tion: history of sound record-
ing up to the present day.

Rue du Manoir 3
Martigny
+41 (0)27 721 22 30
www.manoir-martigny.ch



6 / Fondation Louis Moret

Original arts venue opening
out onto a lush garden.
Exhibitions by contemporary
artists. Season of classical
music concerts.

Ch. des Barrières 31
Martigny
+41 (0)27 722 23 47
www.fondationlouismoret.ch



7 / Distillerie Morand

Distillery producing high-
quality syrups and spirits
such as Williamine® and
abricotine. Gift ideas.
Guided visit once a week
in summer by appointment.

Place de Plaisance
Martigny
+41 (0)27 722 20 36
www.morand.ch



8 / Earth Sciences Museum

Collection of minerals.
Temporary exhibitions.
Lecture series. Replica of
a mine in the basement.

Av. de la Gare 6
Martigny
+41 (0)27 723 12 12
www.sciencesdelaterre.ch



9 / Moulin Semblanet

One of the few 18th-century
watermills still in operation.
Exhibition venue for local
artists. Fresh bread from the
watermill (Fridays); local wines
and typical dishes served.

+41 (0)27 722 51 98
www.moulinsemblanet.ch



10 / Plan-Cerisier

Typical small winemaking
village of stone-roofed
houses surrounded by
vineyards. Café with shaded
terrace. Magnificent views of
the Rhône valley. Plus small
vineyard museum.





4★ HOTEL | THERMALBATH | WATER SLIDES
CARPE DIEM SPA | MAYENS OF WELL-BEEING
THERMAL RIVER | FITNESS AND GROUP LESSONS ROOM
RESTAURANTS AND BAR



Saillon

Central Valais

Halfway between Martigny and Sion, Saillon is known as the capital of asparagus – and above all as one of the most beautiful villages in French-speaking Switzerland.

Saillon Tourist Office
Av. des Comtes de Savoie 110
1913 Saillon

tourisme@saillon.ch
+41 (0)27 744 18 95
www.saillon.ch

REGION Saillon



guided tours



1 / Bains de Saillon

Thermal spa complex with 4 pools including a semi-Olympic pool. Thermal river. Sauna/hammam area. Carpe Diem Spa. Slides, giant water slide and paddling pool (in summer).

+41 (0)27 602 11 11
www.bainsdesaillon.ch



2 / Medieval village

One of the best-preserved medieval villages in Switzerland. Twisting, steep cobbled streets. Vaulted passageways and flights of steps.



3 / Stained-glass window trail

Path leading from the Rhône valley up to the Farinet vine. Less than an hour's walk. Through the vineyards.



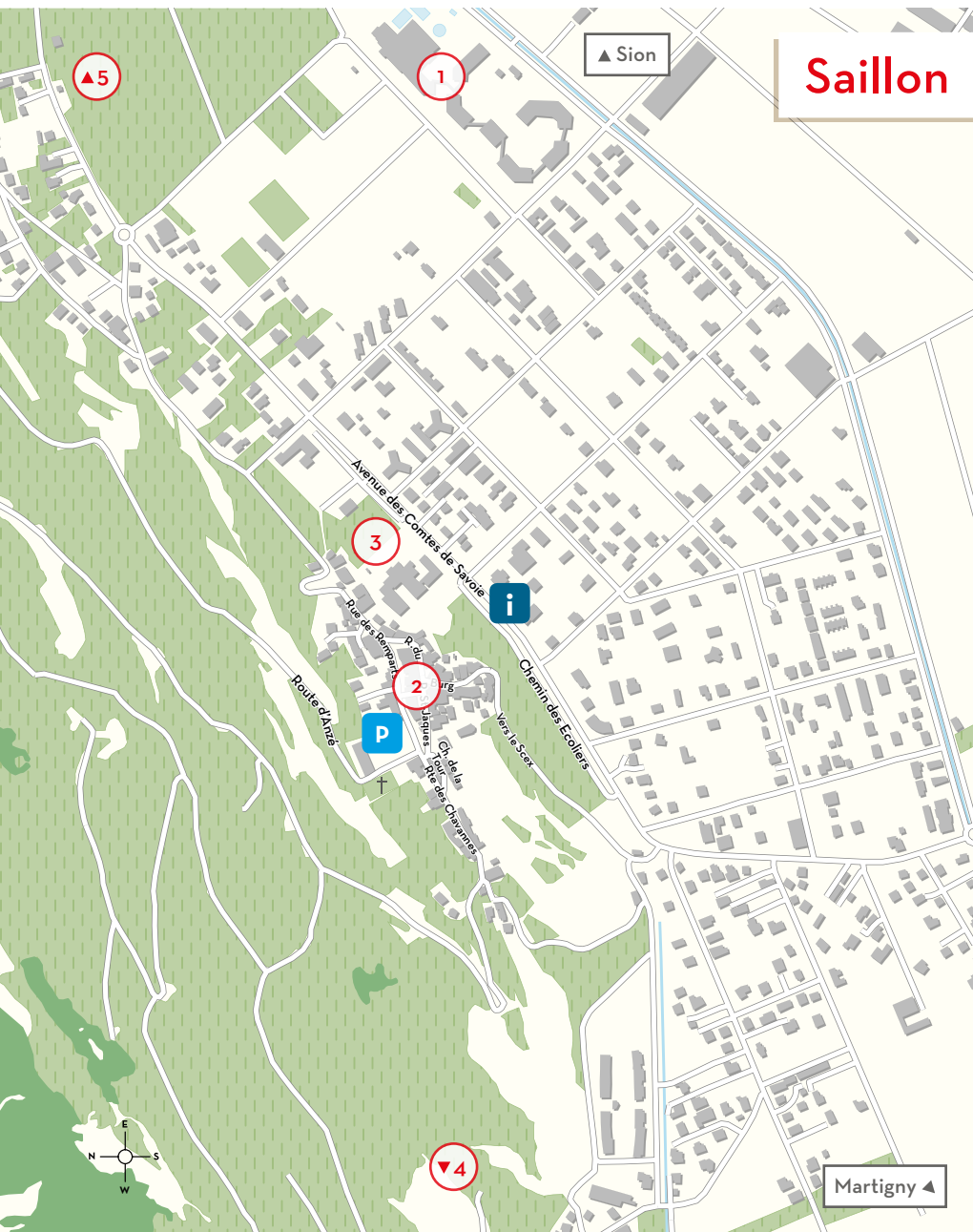
4 / Marble quarries

White, turquin and cipolin marble. Accessible only on foot. Opened in 1832.



5 / Via Farinetta

Via ferrata. In the wild gorges of the river La Salentze.



Sion, city of good taste



Randocroquis



Old town market



Balade des Divins



Sion, Fête du Goût



Croustilles of Sion



siontourisme.ch

terroir
Sion urbain



Sion

Central Valais

The centrally located capital of Valais embodies the urban heart of the canton with its lively spirit, its castles and monuments, and its historical yet modern centre.

Sion Tourist Office
Place de la Planta 2
1950 Sion

info@siontourisme.ch
+41 (0)27 327 77 27
www.siontourisme.ch



1 / Châteaux de Valère et de Tourbillon

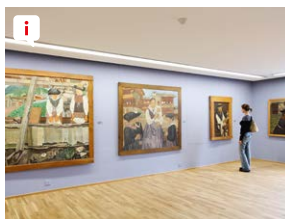
Landmark castles: Tourbillon (14th century, open in summer); and Valère (11th-13th century, open all year), home of the Valais History Museum.

+41 (0)27 606 47 15
www.musees-valais.ch



2 / Pedestrian city centre

Renovated, cobbled heart of the Old Town. 700 shops, restaurants with terraces. Place of encounter with priority for pedestrians.



3 / Valais cantonal museums

Three complementary museums: the Valais Art Museum, Valais History Museum and Valais Nature Museum. Located in the upper Old Town.

+41 (0)27 606 46 70
www.musees-valais.ch



4 / “Bisses” waterways

Six footpaths along “bisses”, the historical irrigation channels of Valais. Spectacular views over the terraced vineyards and Rhône valley floor. Vineyard restaurants.



5 / P'tit sédunois

Small tourist train. Rides through the Old Town and the city surroundings (Domaine des Îles and the Montorge nature reserve). June to September.



6 / Weekly market

Every Friday. One of the largest in French-speaking Switzerland. A link between local wines, gastronomy and the Old Town.

www.mvvsion.ch



7 / Realfly - indoor skydiving

Switzerland's first and only closed-circuit skydiving simulator. Flights at 200 km/h. Supervised by an instructor. Accessible to all.

+41 (0)27 322 92 92
www.realfly.ch



8 / Sion en lumières

Sound-and-light show. Projected on the castles of Valère and Tourbillon. Free. Unique in Switzerland. 4x a week in the evening, throughout summer.

www.sionenlumieres.ch



9 / Domaine des Îles

Recreation area prized by locals and visitors alike. Lakes and green spaces. Restaurant and picnic area. Mini-golf. Climbing wall. Adventure rope park.

www.bourgeoisie-de-sion.ch



10 / Discovery Walk

Itinerary linking the highlights of Switzerland's oldest town. 14 stops. 2.3 km. 1 hr 30 min of walking.



Start here for a
**unique
experience**

discover

enjoy

taste

share

the wonderful wines
of the Sierre region.

HOLLY JORDAN



**The community
for wine-lovers.**

Through our selected partners, the Vinum Montis community enables you to find the best places in the Sierre region for wine-lovers to visit.

- by providing special information (offers, advice, stories, etc.) via a website devoted to wine and social networks that are updated daily.
- by organising original, unusual tastings throughout the year.



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Join the community now and become a member of Club Vinum Montis, with its many exclusive benefits.

vinum-montis.ch



Sierre

Central Valais

At the centre of Valais on the boundary between French- and German-speaking regions, Sierre is known as “Switzerland’s wine capital” and the focal point for wine tourism.

Tourist Office of Sierre,
Salgesch & surrounding area
Place de la Gare 10
3960 Sierre

info@sierretourisme.ch
+41 (0)27 455 85 35
www.sierretourisme.ch



1 / Château de Villa

16th-century castle.
Restaurant featuring local specialities (including a fine selection of Raclette cheeses).
Wine bar with 650 of the finest Valais wines.

Rue Ste-Catherine 4
Sierre
+41 (0)27 455 18 96
www.chateaudevilla.ch



2 / Wine Museum & Vineyard Trail

Museum with 2 exhibition spaces (in Sierre and Salgesch). Survey of winegrowing in Valais. Between the 2 sites, panoramic and informative Vineyard Trail (6.5 km) among the vines.

a) Rue Ste-Catherine 6, Sierre
+41 (0)27 456 35 25
b) Museumplatz, Salgesch
+41 (0)27 456 45 25
www.museeduvin-valais.ch



3 / Espace terroirs & Sentier des terroirs

Original, instructive, fun and unconventional exploration of the different winegrowing terrain of Valais. Associated trail through the vineyards and tasting venue.

Ruelle de la Calattra 1, Miège
+41 (0)27 455 90 09
www.espaceterroirs.ch



4 / La Bouteille Rouge - wine bar

Selection of authentic wines. Chosen from winemakers who work with nature and coax the finest flavours from the Valais soils. Tasty bites to accompany.

Gemmistr. 147, Salgesch
+41 (0)27 565 48 48
www.labouteillerouge.ch



5 / Secrets of Ricola herb drops - Masserey family

About 40,000 sq. m of herb beds. 40 different species. Official supplier of the famous Ricola herb drops.

Rte de Chaloie 41
Venthône
+41 (0)79 449 29 22
www.massereyplantes.ch



6 / Salle Recto-Verso

Multi-functional venue. Cultural seasons blending music, theatre and comedy. Sporting events. Seminars and conferences.

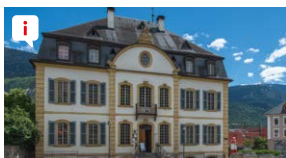
Rue Centrale 182
Grône
+41 (0)27 458 10 24
www.salle-recto-verso.ch



7 / Château Mercier

Built as a palatial home in 1908. Gardens of 3.5 ha open to the public. Possibility of accommodation (at certain periods) to experience life at the Château.

Montée du Château
Sierre
+41 (0)27 452 23 23
www.chateaumercier.ch



8 / Fondation Rilke

Tribute to the poet Rainer Maria Rilke. Permanent and special exhibitions. Lectures. Readings. Poetry walks.

Rue du Bourg 30
Sierre
+41 (0)27 456 26 46
www.fondationrilke.ch



9 / Gêronde

Swimming, walks and relaxation blend gently at a well-preserved natural setting. Framed by hills and vineyards. Small idyllic lido, with lake and pools skilfully integrated.



10 / Sierre-Montana-Crans funicular

Ride from Sierre to Crans-Montana in 12 minutes. Panoramic view of the whole of Valais. Unique experience.

Rue de Pradec 2
Sierre
+41 (0)27 455 15 72
www.cie-smc.ch



LEUK

Kulturort



1)



2)



3)

1) **Rogg'nroll and «Füdin»:** www.erschmatt.ch

Follow the entire path from grain to bread with the whole family in the idyllic Erschmatt region, and bake your own traditional rye bread. In winter, the «Füdin» (carnival characters) ring in the spring.

2) **Leuk then and now: Guided walk:** www.leuk.ch

Discover historic Leuk, the charnel house, its palaces and laneways.

Guided walk every Tuesday at 2.30pm (July-Oct), no registration required, free entry.

3) **Vitis Antiqua 1798: old, red and exquisite:** www.vitisantiqua1798.ch

Switzerland's oldest Cornalin grape (1798) thrives in the village of Leuk-Stadt. These and other grape varieties are used by Leuk's wineries to create premium wines.

Delicious treats from the Leuk region

Cheese, Hauswurst sausage, Lärchenessig vinegar, handicrafts, and lots of other regional delicacies are on offer at INFO SOSTA in Susten, near Leuk train station.

10% discount for purchases totalling CHF 30.00.



Leuk

Upper Valais

Ideally situated at the heart of the Pfin-Finges regional nature park, Leuk is notable for its castles and its centuries-old vineyards.

Leuk Tourist Office
Bahnhof 6
3952 Susten

info@leuktourismus.ch
+41 (0)27 473 10 94
www.leuk.ch



1 / Bhutanes bridge

Suspension footbridge, 134 m long. Spans the wild Illgraben gorge. Link between Upper and Lower Valais.



2 / Castle & village of Leuk

13th-century castle. Restored by the architect Mario Botta. 15th-century village. Link between the past and the future.

www.schlossleuk.ch



3 / Sculpture trail & Ringacker chapel

Trail with 4 stops for 4 sculptures. From Leuk station to the village. Ringacker chapel along the way. One of the finest baroque buildings in Valais.

www.galleriagraziosagiger.ch



4 / Caviar farm

Facility covering 6,000 sq. m. 2nd farm in Switzerland. Unique method of harvesting.

Industriestr. 120
3952 Susten
+41 (0)27 452 42 42
www.kasperskian.com



5 / Turtmann

Historical village. Stone buildings from the 17th century.

+41 (0)27 932 34 18
www.altesturtmann.ch



« Pürumärt » Farmers market Visp

Find local and fresh products
from the region of Visp.



Old town of Visp

Discover the old city part of Visp
by a local guide.

The tours are on request and can
be booked including wine tasting
and church organ concert.

Visp Tourismus

Tel. +41 (0) 27 946 18 18

www.vispinfo.ch





Visp

Upper Valais

A key railway hub, Visp is home to traffic-free roads, flower-filled terraces, a wide variety of cultural and sports attractions, and a charming Old Town that rewards leisurely strolls.

Visp Tourist Office
Balftrinstr. 3
3930 Visp

info@visp.ch
+41 (0)27 946 18 18
www.vispinfo.ch



guided tours



1 / La Poste – culture and conference centre

Performances of operas, concerts and plays from all over the world. Productions by local associations.

La Poste Platz 4
Visp
+41 (0)27 948 33 11
www.lapostevisp.ch



2 / Farmers' market

Every Friday. Attractive showcase for local produce. Popular rendezvous for people from throughout the region.

Kaufplatz
Visp



3 / Old Town

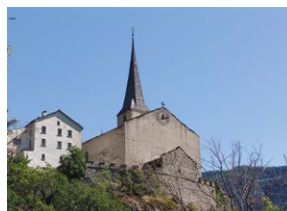
Well-preserved Old Town. Italian-style atmosphere.



4 / La Poste – art exhibitions

Exhibition space with large-scale works by artists from the region.

La Poste Platz 4
Visp
+41 (0)27 948 33 11
www.lapostevisp.ch



5 / Village of Raron

Charming historical village with the grave of the poet Rainer Maria Rilke. Near to the village of Niedergesteln.

Bahnhofstr.
Raron
+41 (0)27 934 31 00
www.raron-niedergesteln.ch





Brig Simplon



wide variety of
excursions



Brig

Upper Valais

Gateway to the Simplon Pass, Brig is a lively town of flower-filled squares and gardens, full of southern charm.

Brig Simplon
Tourist Office
Bahnhofplatz 2
3900 Brig

info@brig-simplon.ch
+41 (0)27 921 60 30
www.brig-simplon.ch



1 / Stockalper Palace

Built in the 17th century in baroque style. Tribute to Kaspar Stockalper, “King of the Simplon”, who made a fortune selling salt and trading goods over the Simplon Pass.



2 / Museum of the Swiss Guard and fortress

Tribute to the community of Naters. Principal supplier of Swiss Guards to the Vatican for 500 years.

www.zentrumgarde.ch



3 / Little Simplon Express

Small tourist train. Route linking attractions and places of interest. Between Brig and Naters.

www.kleiner-simplon-express.ch



4 / Panoramic trail

50 information panels tell the story of the region's pioneering railways.



5 / Shopping

Tempting boutiques and stalls along the Bahnhofstrasse and throughout the Old Town.

www.gewerbe-briggli.ch



6 / Farmers' market

Every Saturday. Vegetables, fruit, meat and dairy products. All supplied by organic producers of the region.



7 / Brigerbad

Thermal spa complex. 12 pools. Giant alpine slide. Wellness and beauty area. Spa. Grotto. Children's pool.

Thermalbad 1
Brigerbad
+41 (0)27 948 48 48
www.brigerbad.ch



8 / Villages of Glis and Gamsen

Historical place of pilgrimage. Church with a variety of architectural styles in Glis (Romanesque, Renaissance and Gothic). 14th-century defensive wall in Gamsen.

www.brig-glis.ch



9 / Passage Simplon

Exhibition at the Stockalper Palace. Stories of the Simplon Pass.



10 / Visitor cheese dairy

Visitors can watch dairy products being made. Attractive shop.

Gliserallee 166
Glis
+41 (0)27 923 98 83
www.schaukaeserei-rhone.ch



Eco-friendly travel

As we have only one earth and must all look after it, as even the smallest gesture affects our future, and because nature is our most precious asset, we recommend that all visitors opt for eco-friendly travel wherever possible.

For journeys by public transport, we suggest you refer to the official website of the Swiss Federal Railways – www.cff.ch – and the official website of PostBus in Valais – www.carpostal.ch/valais.

In the main Rhône valley, you also have the possibility to hire bikes free of charge from partners listed below:

Valaisroule

14 rental locations throughout the canton. All types of bikes, for all ages.
www.valaisroule.ch

Tandem91 – Steg-Gampel

Bikes specially adapted for people with disabilities or elderly people.
www.tandem91.ch

PubliBike – Sion

Self-service bikes.
www.publibike.ch



Detailed information on options for bike rides throughout Valais can be found on a free map available from your nearest tourist office.



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Diese Broschüre existiert in deutscher Sprache.
Zögern Sie nicht danach zu fragen.



Cette publication existe en français.
N'hésitez pas à la demander à l'endroit où vous l'avez prise.

Next stop: Valais.

You'll find all the suggestions from this brochure, plus lots more ideas for leisure travel and activities at www.regionalps.ch





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than **40 leisure facilities.**

Lac Léman



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postbus.ch/easycard

RegionAlps, your travel partner in the Rhône valley

Wherever you are in the Rhône valley, you are sure to be near a station. Find full timetables at www.regionals.ch.

This schematic map is for illustrative purposes only. We recommend that you consult more detailed maps for planning your excursions.

Also by way of inspiration, a map of Valais with 180 ideas for activities and excursions is available free of charge from tourist offices throughout Valais. Pick up a copy on your next visit.

Bon voyage!



Join a unique community

49.-*

CHF

PER YEAR



vinumclub

club vinum-montis.ch



vinum
MONTIS

Club Vinum Montis gives you
**exclusive benefits related
to wines and wine-growing
in the Sierre region.**

e-shop

Exclusive
offers in our
online shop

culture

Year-round free entry
to the Wine Museum
(Sierre & Salgesch) and
the Espace Terroirs (Miège)

events

Entry to
Vinum Montis
events

2 for 1

2 tickets for
the price of 1
for wine-related
events



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Online information and membership
vinum-montis.ch

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