



Information for a good start in your new home

## Club life

### The land of clubs

Clubs have a long history in Switzerland. Half of the Swiss population belongs to at least one club. For this reason, clubs are also seen as the glue that binds society together. Almost half of them are sports clubs, although cultural, social and political clubs are also important. The best way to get an overview of the club landscape is to contact the municipalities directly. They keep a list of their clubs, which is usually available online. You can find out about admission conditions and how to try out a club via the contacts provided.

[Directory of clubs in Valais / www.vereinsverzeichnis.ch](http://www.vereinsverzeichnis.ch)

[Clubs for young people in Upper Valais / www.jastow.ch](http://www.jastow.ch)