



## Top tips Top outdoor experiences

<u>Ski &amp; Snowboard</u>	A winter paradise, somewhere between heaven and earth. The majestic 4000m peaks offer a unique world of winter sports experiences.
<u>Sledging</u>	Fast-paced, secured trails wind their way for kilometres through the unspoilt winter landscape.
<u>Snowtubing: Crans-Montana, Saas-Almagell, Vercorin</u>	Snowtubing makes for unrivalled winter fun: a fast-paced descent on rubber tyres that's suitable for the whole family.
<u>Snowbiking, Grächen</u>	Instead of wheels, this unusual bike has two skis positioned one behind the other. Two shorter skis can be strapped to your feet for extra stability.
<u>Ski joring, Nax</u>	A horse-drawn journey on skis through a snowy winter landscape. Enjoy the unique feeling of freedom and harmony with nature.
<u>Snowkiting, Simplonpass</u>	A grandiose and expansive high-Alpine landscape offers the perfect setting for anyone looking to make their first small jumps. For safety reasons, beginners should learn snowkiting with a qualified instructor.
<u>Dog Sledding</u>	Dog sledding is a winter experience that will delight everyone from kids to grandparents: the sled glides smoothly behind the huskies as they draw you through the snowy landscape.
<u>Cross-country skiing</u>	With perfectly groomed trails, the high valleys of Valais offer ideal conditions for cross-country skiing.
<u>Bisses</u>	The many trails along the bisse irrigation canals offer varied hikes on historic paths
<u>Dams</u>	Valais's dams and reservoirs are among the most colossal, heaviest and impressive structures in the Alps: the largest of them can be visited and admired on guided tours
<u>Footbridges</u>	Suspension bridges provide an additional thrill during a hike, offering remarkable views deep into the gorges below and giving hikers the feeling of floating on air.
<u>Barrhorn, Oberems</u>	The Barrhorn (3,610m) is the highest hiking mountain in Europe, which makes it a top-class mountain when it comes to views.
<u>Winter hike Panoramaweg, Moosalpregion</u>	An enchanting winter hiking trail with astonishing views of the Bietschhorn and the snow-capped mountains of the Matter and Saas valleys.
<u>Winter hike Rotenboden – Riffelberg, Zermatt</u>	A winter hiking trail passing by the Riffelhorn, offering breathtaking views of the Gornergrat.
<u>Matterhorn Glacier Paradise, Zermatt</u>	A spectacular 25-kilometre descent from the Matterhorn Glacier Paradise mountain station to Zermatt.
<u>Downhill biking, Bellwald</u>	With a flowing route and a host of jumps and gaps, the bike park is well known and much loved in the freeride and downhill scenes.
<u>UNESCO high-altitude trail from Bettmerhorn to Eggishorn</u>	A ridge trail for steady-footed hikers with a head for heights, offering fantastic views of the Aletsch Glacier and Valais's mountain scenery.
<u>Flying Center Upper Valais</u>	If you want to experience the Aletsch region from above, the paragliding school offers tandem flights and introductory courses.
<u>Rhone cycle route</u>	This cycle route follows quiet paths along the banks of the Rhone, then along the shores of Lake Geneva to the cosmopolitan city of Geneva.

<u>Canyoning in the Massa Gorge</u>	Accompanied by experienced mountain guides, cross the imposing Massa Gorge at the foot of the Great Aletsch Glacier.
<u>Summer Skiing in Zermatt und Saas-Fee</u>	Over 40km of immaculate glacier slopes invite you to ski and snowboard in summer.
<u>Wine trail Martigny – Leuk</u>	The wine trail from Martigny to Leuk passes through carefully cultivated vineyards, historic towns and small winemaking villages over a distance of 82 kilometres.
<u>Stoneman Glaciara bike experience (Moosfluh-Märjela)</u>	The Stoneman Glaciara offers Roland Stauder's exclusive mountain bike experience, covering 127 kilometres and 4,700 spectacular metres of altitude difference.
<u>Fafleralp, Lötschental</u>	The Anenhütte cabin is a mountain jewel. Situated deep in the Lötschental valley at 2,358 metres above sea level, it can be reached either via well-marked hiking trails or, for the more courageous, via a secured rock climb.