Way of life
People with roots, heart and character
Although you don’t have to worry about culture shock, a little preliminary information about the character of the Valais’s residents couldn’t hurt. Besides the local Swiss-German dialect, “Walliserdeutsch”, the people of Upper Valais are defined by their down-to-earth attitude, conviviality, kindness and strength of character. Traditions and customs including cow fighting and the colourful carnival are still alive and well here. A lively arts and culture scene offers exhibitions, events and performances on stages of all sizes to round out the cultural offer.

Valais/Wallis Promotion / www.wallis.ch

Language
Through contact with their many international guests, the Valaisans generally have a good ear for foreign languages. The approximately 80,000 German-speaking people of Upper Valais...

Holidays
Valais takes full advantage of this. The canton’s public holidays reflect Catholic tradition. ...

Religion
There is a Catholic church in every municipality. Protestant churches, mosques and other places of worship are more commonly found in cities (Brig-Glis, Visp, Sierre, Sion,...

Customs
On Corpus Christi, for example, processions make their way across fields and open countryside all over Valais. During carnival season, characters such as the “Tschägg...

Culinary art
Valais is a wine country: just under half of all Swiss wines come from our sun-drenched canton, including the fruity Valais white “Fendant” or the noble red “Pinot...